



Healing Roots Acupuncture

Getting to the root of the problem and resolving it

Thank you for choosing our office to meet your health needs naturally. In addition to Acupuncture, you will have access to Nambudripad's Allergy Elimination Technique, Neuro-Emotional Technique, Total Body Modification, Laser, and Nutritional counseling. Our goal is to provide a safe, healing environment and to support you in your pursuit of optimal well-being.

Your initial visit will take up to one hour. Please plan your schedule accordingly. We will do a thorough health interview and history, a physical exam, and then work together with you to develop a personalized treatment plan. You will have ample time to ask any questions you may have.

Please note that because this time has been reserved especially for you, **we require at least 48 hours notification of any scheduling changes on first appointments, 24 hours on follow up appointments.** You will be billed for any missed appointments at the regular appointment rate.

Directions to our office are in this packet.

If you are taking any medications, vitamins, herbs, or other supplements, please bring them in their original bottles with you. We wish to determine the impact they may be having on your body.

To help us better serve you, please take some time to complete and sign the enclosed forms and **return them to our office by email, so we receive them at least two days prior to your appointment.** Please include copies of any laboratory test results that you may have from the past year.

Please know that we have thoughtfully put together the new patient packet as a way for you to introduce yourself before we meet in person so that our time together is used most efficiently. We have found that what challenges the body is often, but not always, connected to the psyche, and a portion of the questions in this packet address your psychology. If you are, for any reason, uncomfortable providing a written answer to a question, please feel free to share that in person. The intention of the questions in the new patient packet is to enhance our time together and your treatment.

If you have any questions, feel free to call us.

Sincerely,

Terry Plante, L.Ac.

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